



# myHappymind

## Year 1 Yearly Overview



Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Autumn	myHappymind - Meet Your Brain					myHappymind Places				Showing respect and managing hurtful behaviour	myHappymind – Celebrate			
Spring	myHappymind – Appreciate			Healthy Lifestyles		myHappymind - Relate				Families and positive close and relationships	Revisit Previous Learning from the term			
Summer	myHappymind – Engage				Shared Responsibilities	Communities	Ourselves Growing and Changing	Ourselves , Growing and changing - Transition	Revisit Previous Learning from the term					