

Engage



Year Group	Learning Objectives
Pre-school	Lesson 1: <ul style="list-style-type: none">- We are learning what goal setting is and what this means and looks like Lesson 2: <ul style="list-style-type: none">- We will explore why goals are important Lesson 3: <ul style="list-style-type: none">- We will be learning how to review our goals and see what we have achieved
Reception	Lesson 1: <ul style="list-style-type: none">- We are learning what goals are- We are learning how to set goals Lesson 2: <ul style="list-style-type: none">- We are learning what Big Dream Goals are Lesson 3: <ul style="list-style-type: none">- We are learning what to do when goals are tricky
Year 1	Lesson 1: <ul style="list-style-type: none">- We are learning what Engage means- We are recapping which habits we have learnt help us feel good Lesson 2: <ul style="list-style-type: none">- We are learning how we can achieve our goals when we feel good- We are learning how to set goals Lesson 3: <ul style="list-style-type: none">- We are learning how to stay focused when things get tough and don't go as planned- We are learning about the importance of believing in ourselves and how this helps us to be our best self Lesson 4: <ul style="list-style-type: none">- We are recapping everything we have learnt this year- We are thinking about how we can share our learnings with other people
Year 2	Lesson 1:

	<ul style="list-style-type: none"> - We will be learning how we can everything that you have learnt to feel good and do good <p>Lesson 2:</p> <ul style="list-style-type: none"> - We will be learning when we feel good we do good - We will learn how to set goals <p>Lesson 3:</p> <ul style="list-style-type: none"> - We are learning how we can focused on our goals when things get tough <p>Lesson 4:</p> <ul style="list-style-type: none"> - We are recapping everything we have learnt this year and how we can share our learnings with other people
Year 3	<p>Lesson 1:</p> <ul style="list-style-type: none"> - We are learning about what activities we engage in - We are learning how to feel good <p>Lesson 2:</p> <ul style="list-style-type: none"> - We are learning how we can feel good and do good - We are learning what Big Dream Goals are <p>Lesson 3:</p> <ul style="list-style-type: none"> - We are learning how perseverance and resilience help us - We are learning how to stay focused on our goals <p>Lesson 4:</p> <ul style="list-style-type: none"> - We are recapping everything we have learnt about ourselves in a year - We are reflecting on how positive habits help us to be at our best
Year 4	<p>Lesson 1:</p> <ul style="list-style-type: none"> - We are learning what we engage in - We are learning how we can help ourselves to feel good <p>Lesson 2:</p> <ul style="list-style-type: none"> - We are learning how we can Feel Good and Do Good - We are learning what Big Dream Goals are - We are learning why setting goals males us feel so good <p>Lesson 3:</p> <ul style="list-style-type: none"> - We are learning how perseverance and resilience help us - We are learning how to stay focused on our goals - We are learning how we already have the skills of perseverance and resilience <p>Lesson 4:</p> <ul style="list-style-type: none"> - We are recapping everything we have learnt about ourselves this year and how we can share our learnings with other people

