



Manor Park
CE (VC) First School



Love for God ~ Love for Each Other ~ Love for Learning

Weekly Newsletter

Monday 10th November 2025

Dear families

I hope you all enjoyed the various Bonfire activities. The children were very excited and talked about all the fireworks they have seen. It was also lovely to hear about many children taking part in the Remembrance Sunday parade.

The children have been learning about healthy eating, cutting, stitching, and creating in their DT topic and will continue to do so this week.

This week we are launching our Anti-bullying week with an assembly prepared by our Happiness Heroes. The children will be thinking about how to make our school a kind place for all and how to support each other. You can support us by talking to your children about how to show love for each other at school.

The weather is very unpredictable so please ensure that your children bring their coats to school.

We wish you all a wonderful week.

Manor Park First School



**Further detailed information will be sent out via Arbor for specific events closer to the time.*

Save the Date

November	'Cut Your Carbon' Month
10 th November	SENDCo meetings
10 th November	Odd Socks Day
10 th November	Remembrance Assembly
Wc 10 th November	Antibullying week
20 th November	MP visit
27 th November	EYFS coffee morning (9am-10am)
27 th November	Buds Wreath making workshop
28 th November	Signature House Christmas Bazaar
1 st December	Happiness Heroes visit Corn Exchange
2 nd December	SENDCo meetings
4 th December	Yr 4 Journey to the stable
5 th December	Yr 3 Journey to the stable (am)
12 th December	Open Afternoon
12 th December	Buds Winter Fair
15 th December	Yr 1 and 2 Nativity Performance @ 10:30am-11:30am
16 th December	Yr 1 and 2 Nativity Performance @ 1:45pm - 2:45pm
16 th December	Signature House residents invited to watch the Nativity
17 th December	Christmas Carols at Signature House
17 th December	Christmas Jumper Day
17 th December	Christmas Lunch
18th December	End of term

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HIGHLIGHTS of the WEEK

The year 3 children enjoyed using outdoor pneumatic toys to be able to understand how they work, ready for their DT projects in the coming weeks.



In DT this week, Year 4 have been researching different purses and wallets to help us come up with a design criteria to create a Roman purse.



Year 2 have started the topic 'Multiplication and Division'.



Year 2 have started their DT topic, 'Moving vehicles'

Oak Class in Year 4 have been working towards having a discussion in English.



In Year One, we have started our DT block with some exciting research!



Year 4 had fun making holes in leather using leather punches and tried to make cotton waterproof using wax.



Our Eco-Warriors launched Cut Your Carbon month with an assembly



Our partnership between Manor Park First School and Signature House in Dorchester



On Wednesday 5th November, the Chaplaincy Team visited Signature House. They created some wonderfully creative Bonfire Night artwork!



#ManorParkSuperStars
#LoveForGod
#LoveForEachOther
#ManorParkInTheCommunity





Eco Warriors



CUT YOUR CARBON

WITH ECO-SCHOOLS

November is Cut Your Carbon Month!

Our Manor Park Eco-Warriors are excited to invite the whole school community to join us in tackling carbon emissions - **one simple action at a time**. Throughout November, we encourage you and your family to take part in six easy challenges at home designed to raise awareness and inspire positive change for our planet.

Here are the **six challenges** to complete with your family and friends!

Make 3 evening meals plant-based across the month 	Make 3 journeys 'active' (walking, cycling, scooting) across the month 
Meal plan to reduce food waste for 1 week 	Lower your washing machine temperature to 30 degrees for 3 washes across the month 
Have a 'device-free' day 	Turn down the heating by 1 degree for a week 

At the end of November, we will gather the results to see how many families took part, estimate the carbon saved, and celebrate the collective impact of our efforts.

Thank you for supporting our Eco-Warriors and helping Manor Park make a difference for the environment. Together, we can create a greener future!





Monday 10th November

Odd Socks Day marks the start of
Anti-Bullying Week.

ANTI-BULLYING WEEK 2025

**POWER
FOR
GOOD**
#ANTIBULLYINGWEEK

#OddSocksDay

Monday 10th to
Friday 14th November

**ODD SOCKS
DAY 2025**
Monday 10th November

#PowerForGood

We're taking part in Odd Socks Day to celebrate what makes us all unique and to raise awareness for Anti-Bullying Week. It's a fun and positive way for children to express themselves and to remind everyone that we are all different – and that's something to be proud of!

All your child needs to do is come to school wearing odd socks on **Monday 10th November**. It's a simple way to join thousands of schools across the country in saying no to bullying.

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NOTICE OF SPORTS DAYS

Manor Park Sports Week Summer Term 2026

22nd June 2026 Year 3 and Year 4 Sports Morning (9:15 - 11am)

23rd June 2026 EYFS Sports Morning (9:00- 10:00am)

23rd June 2026 Year 1 and 2 Sports Morning (10:30 - 12:00pm)

Reserve Days:

24th June 2026 - Yr 3 and 4

25th June 2026 - EYFS and Year 1 and 2



10 Top Tips for Parents and Educators

GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

1 CELEBRATE DIFFERENCES

Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.

2 MODEL RESPECT

Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a lasting example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.

3 SPOT THE SIGNS

Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unnoticed.

4 VALIDATE FEELINGS

When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.

5 TEACH ALLYSHIP

Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.

6 PROMOTE REPORTING

Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.

7 ENCOURAGE KINDNESS

Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.

8 USE YOUR VOICE

Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.

9 BUILD COMMUNITY AND BELONGING

Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.

10 SUSTAIN THE CONVERSATION

Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert

Robert Allsop is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.



#WakeUpWednesday

The National College

See full reference list on our website



EVENTS

BUDS OF MANOR PARK TUCK SHOP FRIDAYS

WHEN: AFTER PICK-UP EVERY FRIDAY!
WHERE: THE SCHOOL HALL
 (PLEASE FOLLOW THE ONE WAY SYSTEM)
PAYMENT: CASH & CARD ACCEPTED

ALL IN SUPPORT OF BUDS PTA

Natural Willow Christmas Wreath workshop
 With Buds of Manor Park & Nadine Shaban

Buds

6pm Thursday
 27th November
 @ Manor Park
 £35 per person

Limited spaces available!

Includes a reusable willow ring, demonstration & ideas from Nadine @ Space to Make, all materials and your completed wreath, plus Christmas nibbles and a glass of prosecco! Additional refreshments available to purchase on the night

Buds of Manor Park WINTER FAIR

Save the date:
Friday 12th December
5pm-7pm

Buds

Save the date:
12th December
Buds Winter Fair



@Budsofmanorpark

BudsOfManorPark



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Our best start in life advisor is Claudia, who runs the half termly workshops for our EYFS families. Our next one is Thursday 27th November

BEST START IN LIFE


The Best Start in Life campaign aims to increase awareness of the role of the early years in a child's development, increase parental understanding of things you can do in your child's early years and how early education supports child development. From pregnancy to childcare, right through to starting school, get advice and support for your child's development.

Explore Best Start in Life to find trusted resources and information as well as local support.

<https://www.beststartinlife.gov.uk/>

Events

IN THE COMMUNITY



Sunnyside studio

Opening December 2025

New to Weymouth!

A new creative space in Weymouth, Dorset, where children, families, and adults can enjoy fun and affordable craft sessions together. From everyday crafting to special workshops and parties, Sunnyside Studio is all about making creativity accessible to everyone.

Pre-booking strongly recommended.

Unit 8, Basepoint, 15 Jubilee close, Weymouth, Dorset DT4 7BS

- Follow us on Facebook for updates: Sunnyside studio
- Visit our website to book your place
- Or get in touch via WhatsApp/text to reserve your spot!

www.sunnysidestudio.co.uk
07394414691

Dorchester Lions in conjunction with Brewers Arms Martinstown present a



WINTER FAYRE

at the
Brewers Arms
Sunday 7th December
from 1.00pm - 4.00pm
Santa arrives 1.15pm.



£5 to visit Santa and receive a gift.
Entertainment, stalls and attractions, including Annabelles Alpacas
Sit in Santa's sleigh and have your photo taken.



Proceeds to Dorchester and District Lions, supporting local charities and organisations.

PIZZA & Praise



SUNDAY 7TH DECEMBER
6.30PM - 7.30PM AT ST GEORGE'S CHURCH HALL

Professional 1-1 football coaching, at the Great Field in Poundbury every Tuesday with a former professional player, who faced giants like RB Leipzig and SG Dynamo Dresden. An active professional football freestyler who brings elite-level expertise to every session. Book your slot at www.about2win.com





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*Attendance Winners
this week are...*

- EYFS
- Hazel Class: 97.3%
- K.S.1
- Elm Class: **100%**
- K.S.2
- Chestnut Class: 96.0%%

*“Love is a safe place of shelter,
For it never stops believing the best for
others. Love never takes failure as defeat,
for it never gives up. Love never stops
Loving. 1 Corinthians 13: 7-8*

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www.manorpark.dorset.sch.uk



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